

YEAR IN REVIEW 2023



**CENTER FOR
REDUCING SUFFERING**

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The Center for Reducing Suffering aims to answer a simple question:

How can we best use our limited resources to alleviate as much suffering as possible?



Year In Review - 2023

WELCOME

It's been another busy year for the Center for Reducing Suffering (CRS), as we continue to publish new research and expand our output.

In this report, you can find out more about us, read some of our new research and see an overview of our current financial situation.

We're excited for the new year, when we'll be looking forward to the publication of new books from Magnus Vinding and Teo Ajantaival, as well as the launch of a new introductory video course on s-risks.

As ever, we are grateful for your support, as we continue to grow and spread our ideas.

Center for Reducing Suffering

Our Values

- ✔ **Suffering-focused**
We develop ethical views that give priority to suffering, and research how to best reduce suffering.
- ✔ **Anti-speciesism**
We believe all suffering matters, regardless of species.
- ✔ **Long-term outlook**
The long-term future is likely to contain the vast majority of sentient beings - so we focus on reducing long-term suffering to have the greatest impact.

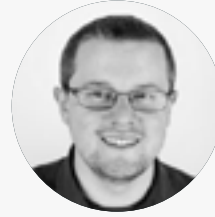
Meet the Team

Head to our website to learn more about our team members and their work



Magnus Vinding
Writer/Research

✉ [Get in touch](#)



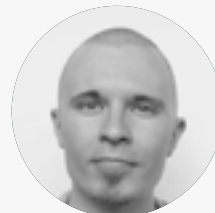
Tobias Baumann
Writer/Research

✉ [Get in touch](#)



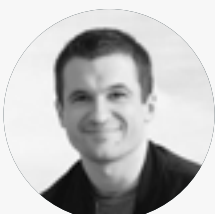
Brian Tomasik
Advisor

✉ [Get in touch](#)



Teo Ajantaival
Writer/Research

✉ [Get in touch](#)



Alistair Webster
Communications

✉ [Get in touch](#)

Simon Knuttson

Works part-time on specific texts for the CRS website, and provides feedback to CRS staff on their texts

Review of 2023

2023 was a busy year for CRS. Here is an overview of some of our achievements and writing:

○ Avoiding the Worst Audiobook

Avoiding the Worst was professionally recorded and released as an audiobook. The book was also added to Giving What We Can's Recommended Resources and 80,000 Hours S-Risks page.

○ Minimalist Axiologies Series

Teo Ajantaival completed his series on minimalist theories of welfare. He now intends to compile the series into a book

○ Magnus Vinding Book

Magnus Vinding began writing his new book, with the working title *Compassionate Purpose: Personal Inspiration for a Better World*.

○ Newsletter & 'Start Here' Page Launched

We launched a newsletter to keep subscribers up-to-date with CRS research and opportunities, as well as a 'Start Here' page to provide an entry point to SFE and s-risks content and research.

○ Podcast Appearances

Tobias appeared on podcasts including 21st Talks, the Future of Life Institute Podcast and the Sentientism podcast

○ 'Start Here' Page Launched

Simon Knutsson published his first essay for CRS: My moral view: Reducing suffering, 'how to be' as fundamental to morality, no positive value, cons of grand theory, and more

○ S-Risks Outreach

We conducted outreach activities and attended EAG London, EAG Boston and EAGx Virtual events

New Posts & Publications:



My moral view: Reducing suffering, 'how to be' as fundamental to morality, no positive value, cons of grand theory, and more **By Simon Knutsson**



Varieties of minimalist moral views:
Against absurd acts
Teo Ajantaival



Facing the Endeavor to Reduce Extreme
Suffering in Healthy Ways
Magnus Vinding



What might we infer about optimized
futures?
Magnus Vinding



Does digital or "traditional" sentience
dominate in expectation?
Magnus Vinding



Minimalist versions of objective list
theories of wellbeing
Magnus Vinding



A convergence of moral motivations
Magnus Vinding

Read more on the CRS Website

Priorities for 2024

○ New Book from Magnus Vinding

We are aiming to publish Magnus Vinding's new book: *Compassionate Purpose: Personal Inspiration for a Better World*. We will also be publicising it with an ambitious promotional/PR campaign.

○ New Book from Teo Ajantaival

Teo has completed his series on minimalist theories of welfare. He now intends to compile the series into a book and release it in early 2024.

○ S-Risks Intro Video Course

We are creating a new video series to introduce the key concepts of s-risks. This series will be launched in early 2024.

○ New CRS Podcast

We are working on launching a new podcast where the CRS team will share their thoughts and views on reducing suffering.

○ More Publications and Research

The team will be continuing to create and publish writing and research based on our strategic priorities.

In 2024 we aim to continue to share our research, writings and ideas. We aim to expand the impact of our work using different forms of content, such as video and audio. We will also continue to publish new books and essays.

Have your say:

We are always interested in hearing from our supporters. Please feel free to get in touch with any ideas, suggestions or questions.

Get in touch at: centerforreducingsuffering.org/contact/

We are committed to being as transparent and open about our funding and spending as possible. Here is a breakdown of our expenditure for the previous year.*

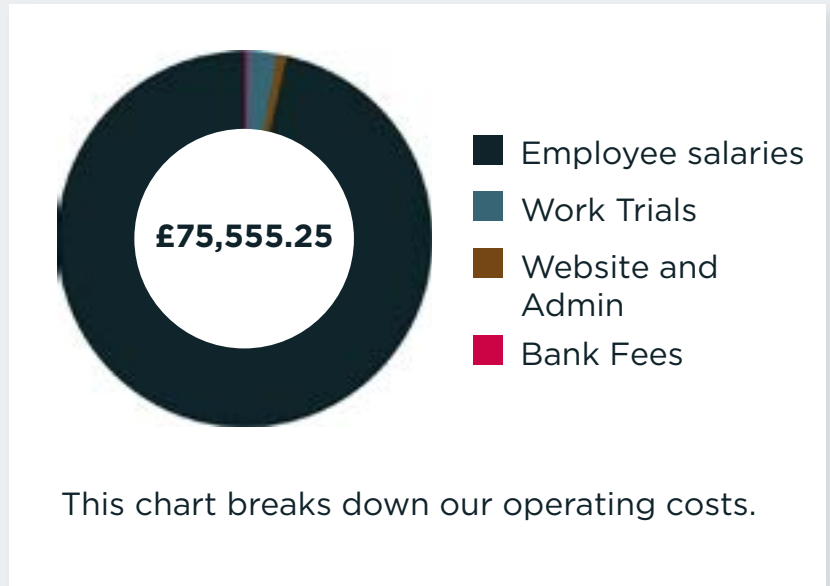
2023 Funding breakdown

Our total funds available for 2023 amounted to **£163,841.24** GBP (£68,970.93 starting balance + £94,870.31 in donations).

Of that total, we spent **£75,555.25** and will carry **£88,285.99** forward.

Expected budget for 2024

Next year we expect to be working with a similar budget. If you have any questions, please get in touch with us.



This chart breaks down our operating costs.

*These figures are accurate up to October 2023. We will update with end of year figures when they are available.

Fundraising Appeal

As we approach the end of the year, we'd like to take this opportunity to thank you for your ongoing support of CRS and our research.

It's been a busy year, and we've achieved a lot, releasing new research, sharing our ideas and working to create a future with less suffering.

We're excited for the new year, when we'll be looking forward to the publication of new books from Magnus Vinding and Teo Ajantaival, as well as the launch of a new introductory video course on s-risks.

To help us continue our work to reduce suffering, we're now aiming to raise \$100,000 as part of our end-of-year fundraiser.

If you are able to, any support you can offer would be gratefully received, and used to fulfill our strategic priorities.

Support CRS

\$0

\$100,000

Thank you for reading our year in review and for your support in 2023.

To find out more about what we do, read our publications, or get in touch with the team, please visit:

centerforreducingsuffering.org